# Costa Rica

### CONCACAF W Championship Bios

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#### #1 GK NOELIA BERMUDEZ 27 years old DEPORTIVO LA CORUNA (ESP)

* Born in San Carlos, Costa Rica
* 25 CAPS
* Voted 2015/2016 Goalkeeper of the Year in Spain for Levante UD
* Hasn't appeared in a significant number of club matches in 2020/2021
* Nine appearances in 20/21 club season with 810 minutes played
* Started in all nine appearances out of 34 games
* Never kept a clean sheet in 20/21 club season
* On loan from Valencia
* 2 yellow cards

#### #2 DF GABRIELA GUILLEN 30 years old POR/KA (ISL)

* Born in Tibas, Costa Rica
* 51 CAPS, 1 GOAL
* Played college soccer for the Creighton Bluejays from 2009-2013
* Played for Costa Rica against the United States in 2012
* Participated in under-17 and under-20 World Cups with Costa Rica
* Played two matches in the under-17 World Cup against Ghana and Germany
* Played no games in the under-20 World Cup
* Part of the 2014 team that qualified for the first time to the senior world cup
* Participated in one match against Spain in the 2015 World Cup
* Won a silver medal in the 2018 Central American and Caribbean Games
* Played in the 2019 World Cup qualifiers, where they failed to qualify
* One yellow card

#### #3 DF MARIA PAULA COTO 24 years old HEREDIANO (CRC)

* Born in Alajuela
* 5 CAPS
* Played for CS Herediano in Costa Rica
* Part of Costa Rican team in 2015 World Cup

#### #4 DF MARIANA BENAVIDES 27 years old HEREDIANO (CRC)

* Born in Heredia, Costa Rica
* 34 CAPS, 4 GOALS
* Won Central American Games in 2013
* 2 yellow cards
* 1.67 points per match, +17 plus/minus, +3.34 plus/minus net per 90 minutes

#### #5 DF VALERIA DEL CAMPO 22 years old MONTERREY (MEX)

* Born in Costa Rica
* Plays central defense for Monterrey and Costa Rican national team
* Made her senior debut on 3 August 2019 against Argentina in the 2019 Pan American Games
* 2 matches played, 55 minutes, 0.6 90s played
* 3 points per match, -2 plus/minus, -4.22 plus/minus net per 90 minutes

#### #6 DF CAROL SANCHEZ 36 years old

* Born in Nicoya, Costa Rica
* 54 CAPS, 5 GOALS
* Played college soccer for the VCU Rams in 2011
* Competed at the 2015 World Cup in Canada
* 1.4 points per match, -10 plus/minus, -4.4 plus/minus net per 90 minutes
* 1 yellow card

#### #7 MF MELISSA HERRERA 25 years old BORDEAUX (FRA)

* Born in Puntarenas, Costa Rica
* 47 CAPS, 20 GOALS
* Played with Costa Rica U20 in 2013
* Played all three of Costa Rica’s 2015 World Cup matches
* Scored the opening goal in the match against South Korea that ended in a 2-2 draw
* Won Central American Games in 2013
* 1.4 points per match, -6 plus/minus, -1.95 plus/minus net per 90 minutes
* 1 yellow card

#### #8 DF DANIELA CRUZ 31 years old SAPRISSA (CRC)

* Born in Tibas, Costa Rica
* 47 CAPS, 7 GOALS
* Played college soccer for the West Florida Argonauts from 2010-2013
* Called to the U-17 National Team at only 13 years old
* Qualified for U-17 World Cup in 2008
* Had the opportunity to play in the 2010 U-20 World Cup in Germany
* Achieved a third World Cup appearance when the senior team went in 2015
* Played in the game versus Trinidad & Tobago that sent them to the World Cup
* Won the 2018 Central American Games, but failed to qualify for the World Cup in 2019 with losses to Jamaica and Canada
* 1.81 points per match, +10 plus/minus, -0.51 plus/minus net per 90 minutes
* 1 yellow card

#### #9 FW CAROLINA VENEGAS 30 years old SAPRISSA (CRC)

* Born in Costa Rica
* 51 CAPS, 17 GOALS
* Sister Adriana also played as a forward for the Costa Rican team in the 2015 World Cup
* Won Central American Games in 2013
* Champion in Portugal with Sporting in 2017
* 1.61 points per match, +11 plus/minus, +2.07 plus/minus net per 90 minutes
* 1 yellow card

#### #10 MF SHIRLEY CRUZ 36 years old ALAJUELENSE (CRC)

* Born in San Jose, Costa Rica
* 91 CAPS, 29 GOALS
* Earned caps with the Costa Rican under-19 and under-20 teams
* First appearance with the senior team was at the 2002 CONCACAF Women’s Gold Cup
* Sprained her right knee against Canada in 2004
* Didn’t feature for Costa Rica for the next two years due to club team commitments
* Returned in 2006 for the Gold Cup
* Captained the team during their first World Cup appearance in 2015
* Played in all three of their matches
* 2x Champions League winner with Lyon in 2011 and 2012
* Played in NWSL for OL Reign in 2020 and 2021
* 12 games, 427 minutes in 2021 for OL Reign
* 8th on her team in pass completion percentage (81%), 6th in pass completion percentage in the final third (77.6%)
* Not exceptionally high in tackle %, duel %, or aerial %
* Older age allows her to be more effective as a passer than a dribbler/defender

#### #11 FW RAQUEL RODRIGUEZ 28 years old PORTLAND THORNS (USA)

* Born in San Jose, Costa Rica
* 74 CAPS, 43 GOALS
* A four-year starter at Penn State from 2012-2015
* Led her team in 2015 as a captain, leading her team to victory in the NCAA College Cup by scoring the game-winner against Duke
* Won numerous awards that year: NSCAA Scholar Player of the Year, Top Drawer Soccer Player of the Year, and the Mac Herman Trophy
* As a senior, she won the Honda Sports Award as the nation’s top soccer player
* In the 2015 World Cup, she scored Costa Rica’s first World Cup goal against Spain in a 1-1 draw
* Played in all three World Cup matches
* Scored five goals in three group stage matches in CONCACAF Olympic Qualifying
* Currently plays club for the Portland Thorns in the NWSL
* Eight games, 499 minutes in 2022, top 10 on the roster in touches (314)
* 4th in expected goals (1.03), only center forwards are above her
* Other numbers aren't as exceptional except for aerial % (54.5%), where she ranks 6th, only below central defenders and goalkeepers
* Prolific goalscorer from the midfield position
* Solid at everything else but not a standout
* Profiles as Costa Rica’s star player

#### #12 DF LIXY RODRIGUEZ 31 years old ALAJUELENSE (CRC)

* Born in San Miguel de Grecia, Costa Rica
* 75 CAPS, 2 Goals
* 2013 Central America Games winner
* Has played professionally for 6 seasons in Costa Rica

#### #13 MF YANIELA ARIAS 24 years old DIMAS ESCAZU (CRC)

* 1 CAPS, 0 GOALS
* Represented Costa Rica in 2014 FIFA U-17 Women’s World Cup
* Represented Costa Rica in 2018 CONCACAF Women's U20 Championship
* Made her senior debut on Feb 23rd 2021 in a Friendly against Mexico

#### #14 MF PRISCILA CHINCHILLA 20 years old GLASGOW CITY (SCT)

* 18 CAPS, 7 GOALS
* Began her professional career with Alajuelenese and scored 86 league goals
* Joined Scottish Womens Premier League on December 21st 2020
* Named PFA Scotland Womens player of the year for the 2021-2022 season
* Currently on a 2 year deal with Glasgow City
* Scored 22 goals in 35 appearances for Glasgow City

#### #15 MF CRISTIN GRANADOS 32 years old MORAVIA(CRC)

* Born in San Rafael, Oreamuno, Costa Rica
* 74 CAPS, 12 GOALS
* In her first season in 2007 she was the top scorer scoring 18 goals
* 2013 Central America Games winner
* Went to the University of Virginia
* After going to the university of virginia she returned to Costa rica and played for Deportivo Saprissa and won a championship against Moravian Sports

#### #16 DF CRISTEL SANDI 24 years old DIMAS ESCAZU (CRC)

* Born in Guachipelin de Escazu, Costa Rica
* 2 CAPS, 0 GOALS
* Made her senior debut on February 20th 2021in a friendly against Mexico
* Played for the Costa Rica U20 team in 2018

#### #17 FW MICHELLE MONTERO 27 years old CRUZ AZUL (MEX)

* Born in Sarapiqui, Heredia, Costa Rica
* 1 CAPS, 1 GOALS
* Played for the Costa Rica U20 Team in 2014
* Had 5 appearances for the Costa Rica U20 team with 4 Goals
* While still in highschool she signed to play professionally for Alajuela
* Retired in 2017 but came out of retirement in 2019 after being invited to play for AD Moravia
* Signed with current team Cruz Azul in 2021

#### #18 GK PRISCILLA TAPIA 31 years old HEREDIANO (CRC)

* 7 CAPS, 0 GOALS
* Played for the Costa Rica U-20 team from 2009-2010
* Had 12 Appearances for the Costa Rica U20 team

#### #19 FW MARIA PAULA SALAS 19 years old (CRC)

* 23 CAPS, 5 GOALS
* Made appearances in 2 matches in 2018 for Costa Rica at the 2018 CONCACAF Women's Championship when she was only 15
* Scored 1 goal in 5 matches at the Pan American Games Women’s Tournament

#### #20 DF FABIOLA VILLALOBOS 24 years old ALAJUELENSE (CRC)

* 14 CAPS, 2 GOALS
* Made appearances in 2 matches in 2018 for Costa Rica at the 2018 CONCACAF Women's Championship

#### #21 MF VIVIANA CHINCHILLA 27 years old ALAJUELENSE (CRC)

* 1 CAPS, 0 GOALS
* Represented Costa Rica in the 2014 FIFA U-20 Women's World Cup
* She played the 2014 Central American and Caribbean Games
* Made 3 appearances for the Costa Rican U-20 Women's Football team

#### #22 DF EMILIE VALENCIANO 25 years old ASHEVILLE CITY (USA)

* 4 CAPS, 0 GOALS
* Played in the 2015 FIFA Women's World Cup with the Costa Rican WOmens national football team

#### #23 GK DANIELA SOLERA 24 years old (CRC)

* 5 CAPS, 0 GOALS
* Made appearances in 3 matches at the 2018 CONCACAF Women's Championship
* Was part of Atletico Huila between 2017 and 2018
* Achieved runner up in the first edition of the Colombian Women's League
* Silver Medal at the 2018 Central American Caribbean Games